

Monthly Safety Training



ALLIANCE INTERSTATE RISK
SERVICE

FOLLOWING DISTANCE

MAY 2024

KEEP CALM.

When you find yourself behind a slow-moving vehicle, it is very tempting to follow more closely than you should. Next time be reminded that you're putting yourself in harm's way for a rear-end collision. Slow down and give yourself plenty of space to stop if necessary.

AVOID COLLISION.

According to the National Highway Traffic Safety Administration, rear-end collisions account for about 30 percent of all motor vehicle crashes, resulting in approximately 2,000 fatalities and 950,000 injuries.

STAY BACK.

Drivers should allow 1 second of following distance per 10 feet of vehicle length. A typical rig with a 53-foot dry van trailer is 70 feet long so drivers should allow 7 seconds of following distance. It is also recommended to add 1 second of following distance if traveling over 40 MPH.

WHEN IN DOUBT, COUNT IT OUT.

To keep your proper following distance, mark when a vehicle in front of you passes a fixed object and count 1001, 1002, 1003... until your front bumper passes it.



ADAS WORKS.

Advanced Driver Assistance Systems (ADAS) provide collision mitigation designed to support your driver on the road. ADAS provides audible and visual Following Distance Alerts when the truck is getting too close to a forward vehicle. Then ADAS' Autonomous Emergency Braking can apply full brakes if the system identifies a potential collision.

TAILGATING: RESTRICTED FIELD OF VIEW

CLICK HERE: <https://bit.ly/3gJCW9U>



TAKE THE QUIZ!

We have created short, fun games for each monthly safety training topic. Scan or click the code to play along!