



TEXTING AND DRIVING

NOVEMBER 2025

https://bit.ly/49ywvxG

Monthly Safety Training



IT'S SIMPLE: DON'T TEXT AND DRIVE.

1.6 million accidents occur each year due to texting while driving. This is 28% of all vehicle crashes and are all completely preventable.

IT'S CRITICAL.

Drivers are 23 times more likely to be involved in a safety critical event if distracted by texting.

SECONDS MATTER.

Your vehicle can travel long distances while distracted by texting. A text can take your attention off the road for 4.6 seconds.

YOU THINK THIS IS ABOUT YOU.

Texting and driving not only effects you, but it also effects those around you. 20% of all drivers admit to texting while driving.



TEXTING ISN'T FREE.

CMV drivers can be fined up to \$2,750 and 120 days disqualification. The company can be fined up to \$11,000.

SCAN THE CODE, LEARN MORE.

We have created a short, fun, and interactive "game" for each monthly safety training topic. Scan or click the code to play along!