

Monthly Safety Training



ELIMINATE DISTRACTIONS.

Distracted driving kills an average of nine people a day. Stay focused by silencing your phone, pre-setting GPS and music, and avoiding calls or texts while driving.

COMMIT TO SAFE HABITS.

Plan trips ahead, stow your phone out of reach, and pull over safely before checking messages. Consider using call-blocking apps to help reduce temptation.

SPEAK UP FOR SAFETY.

If you're a passenger and notice the driver becoming distracted, say something. Your voice can prevent a crash.

STAY ALERT IN WORK ZONES.

Work zones are high-risk areas. Slow down, maintain extra distance between you and the vehicle in front of you, and expect sudden changes or workers entering the roadway.

KEEP THE BASICS IN MIND.

Wear your seatbelt, allow extra travel time, and never drive impaired or fatigued. Small habits make a big difference.

DISTRACTED DRIVING

APRIL 2026

Eyes on the Road
bit.ly/3rw6Pfo



SCAN THE CODE, LEARN MORE.

We have selected a video from our Safety Library for each monthly safety training topic. Scan or click the code to view it!